## ARE YOU A VETERAN NEEDING HELP TO GET BACK ON TRACK?

- · Lost your way?
- · Not the same person you were before deployment?
- Depression, anxiety, anger?
- · Problems sleeping?
- · Lost sight of your goals?

**GOALS** 

Supportive Services

Navigator Program
Physical Fitness &
Nutrition Programs

Housing Specialist
 Employment Specialist

Mental Health
Help for Families
Individual Counseling

Individualized Case Management



## YOU ARE HERE

Veterans partnering with OC4VETS to reach their goals



Health Care Agency Behavioral Health Services Veterans' Programs

1300 S. Grand, Bldg. B, Santa Ana, CA 92705 (714) 480-6476

Located in the Orange County VSO (Veteran Service Office)

## Know a Veteran that could use some help getting back on track?



OC4Vets Case Managers partner with Veterans to develop a plan for reaching their goals, providing short term counseling, advocacy and linkages to supportive services.

Our Veteran Navigators, "Vets helping Vets" can help you navigate along the path.

## **SERVICES**

- · Behavioral Health Screening
- Assessment
- · Individualized Planning
- Case Management
- Linkages to Community Resources
- Housing Specialist
- Employment Specialist, Job Coaching
- Referrals Available to Wellness and Fitness Activities

The OC4Vets Behavioral Health program is funded by the Mental Health Services Act (MHSA) and provides services in support of Orange County Veterans and their families.



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