



A G E N D A

ORANGE COUNTY VETERANS ADVISORY COUNCIL

May 8, 2024

2:30 P.M. – 4:00 P.M.

www.veterans.ocgov.com/advisory

Location:

Dana Point City Council Chambers
33282 Golden Lantern
Dana Point, CA 92629

The Orange County Veterans Advisory Council shall not hold a meeting unless the number of members participating constitutes a quorum of the Orange County Orange County Veterans Advisory Council.

This agenda contains a brief description of each item to be considered. Except as provided by law, no action shall be taken on any item not appearing in the agenda. Members of the public who wish to speak on an item(s) may complete a Speaker Request Form(s) identifying the items prior to the beginning of the meeting. To speak on a matter not appearing on the agenda, but under the jurisdiction of this Advisory Council, you may do so during Public Comments. Council members may not discuss or take action on issues raised during public comment unless the issue is listed in this agenda. Speaker request forms must be completed prior to the beginning of the meeting, the reading of the individual agenda items and/or the beginning of Public Comments. When addressing the Council, it is requested that you state your name and place of residence for the record prior to providing your comments. Address the Council as a whole through the Chair. Comments to individual Members or staff are not permitted. Speakers are limited to three (3) minutes.

Materials/handouts can be accessed up to 72 hours in advance of the meeting by visiting www.veterans.ocgov.com/advisory or calling (714) 480-6555.

1. CALL TO ORDER: Chair, Alexis Federico
2. PLEDGE OF ALLEGIANCE
3. COUNCIL ROLL CALL: OC Community Services Representative
4. PUBLIC COMMENTS:
At this time, members of the public may address the Council regarding any items within the subject jurisdiction, provided that no action is taken on off-agenda items unless authorized by law. (Comments shall be limited to three (3) minutes, unless the Chair pre-identifies a different time at the start of meeting for all public speakers).
5. PRESENTATION:

Protect Yourself, Family and Friends from the Grips of the Fentanyl Crisis
Shane Wood, Executive Director and Christine Kirkwood, Executive Assistant
FentanylSolution.org
6. ACTION ITEMS:
 - i. California Association of County Veterans Service Offices (CACVSO) – Panel Speaker
Recommendation: Ask OC Community Services to consider requesting from the Board of Supervisors a one-time budget increase to the VSO budget for allowable reimbursement for one OCVAC member to attend the June 2024 state conference.
 - ii. OCVAC Meeting Schedule
Recommendation: To request that the Veterans Service Office add the Orange County Veterans Advisory Council's yearly meeting calendar to all agendas and display meeting times and locations on the OCVAC webpage.
7. EXECUTIVE COMMITTEE REPORT: Chair, Alexis Federico
8. OCVSO UPDATE: Claudia Harris, Director, Veterans Service Office
9. CALVET LINC UPDATE: Ben Gales, Local Interagency Network Coordinator
10. OC4VETS UPDATE: Elana E. Randal, Orange County Health Care Agency, Service Chief
11. COMMITTEES:
 - i. Communications Standing Committee Report: Council Member, John Burick
 - ii. Events/Outreach Standing Committee Report: Council Member, Michael Radigan
 - iii. VSO Metrics Ad Hoc Committee Report: Council Member, Erik Duane

12. COUNCIL COMMENTS

At this time, members of this Advisory Council may comment on agenda or non-agenda matters within the subject jurisdiction; provided that NO action be taken on off-agenda items unless authorized by law.

13. ADJOURNMENT:

Next Meeting:

June 12, 2024

Time - TBD

Seal Beach City Council Chambers

City Administration Building

211 8th Street, First Floor

Seal Beach, CA 90740

“Have We Helped A Veteran Today?”

DISCLAIMER: No member of the Orange County Veterans Advisory Council (OCVAC) shall sign a letter or make a statement purported to represent the position of OCVAC as a body. Letters or verbal statements of support or opposition on any issue shall only be made or signed by the Chair of OCVAC and shall be submitted to the Council for pre-approval. The policy of the Board of Supervisors does not allow OCVAC or its Chair to sign a letter of position on any matters pertaining to legislation. OCVAC members may write personal letters or speak as individuals stating personal positions but may not do so as representing the position or opinion of OCVAC or the County of Orange



Opioid Overdose Recognition and Naloxone Administration Training for Community Leaders

Shane K.M. Wood, MA
FentanylSolution.org

Objectives

By the end of this training, you will

- Know how to recognize overdose
- Recognize the progression of an overdose
- Know how to administer Narcan Nasal Spray
- Be familiar with the relevant laws permitting individual use of naloxone

When do people overdose?

- Variability in quality
 - Adulteration
 - Mixing drugs
 - Benzodiazepines
 - Method of administration
- Periods of Abstinence
 - Post-treatment
 - Post-hospitalization
 - Incarceration
 - Relapse
 - Using alone

Fentanyl

- Equivalent Dosing
 - Morphine – 10 mg
 - Fentanyl – 0.1 mg (100 mcg)
 - Carfentanil – 0.001 mg (1 mcg)
- Common adulterant in product sold as heroin



Signs of an overdose

- Slow/shallow breathing
- Less than 1 breath every 6 seconds
- Gaspings breaths
- Blue skin tone
- No response to pain
- Sternal Rub
- Small pupils – “Pinpoint Pupils”



Overdose Progression

Ingestion of excess
heroin/opioid

Breathing effort slows

Loss of consciousness

Slowing of breathing deprives brain,
heart, and body of oxygen

Irreversible damage occurs to
brain and other organs

Cardiac arrest occurs

Death

Overdose Response

Provide care until EMS arrives

Inform EMS of interventions and complete report per departmental policy

Place in Recovery Position
(If breathing effort returns or you must leave the victim)

Rescue breathing
(1 breath every 6 seconds)

Administer naloxone (Narcan Nasal Spray)
· Repeat in 2-3 minutes if breathing effort does not return

Check for pulse, if no pulse, begin CPR

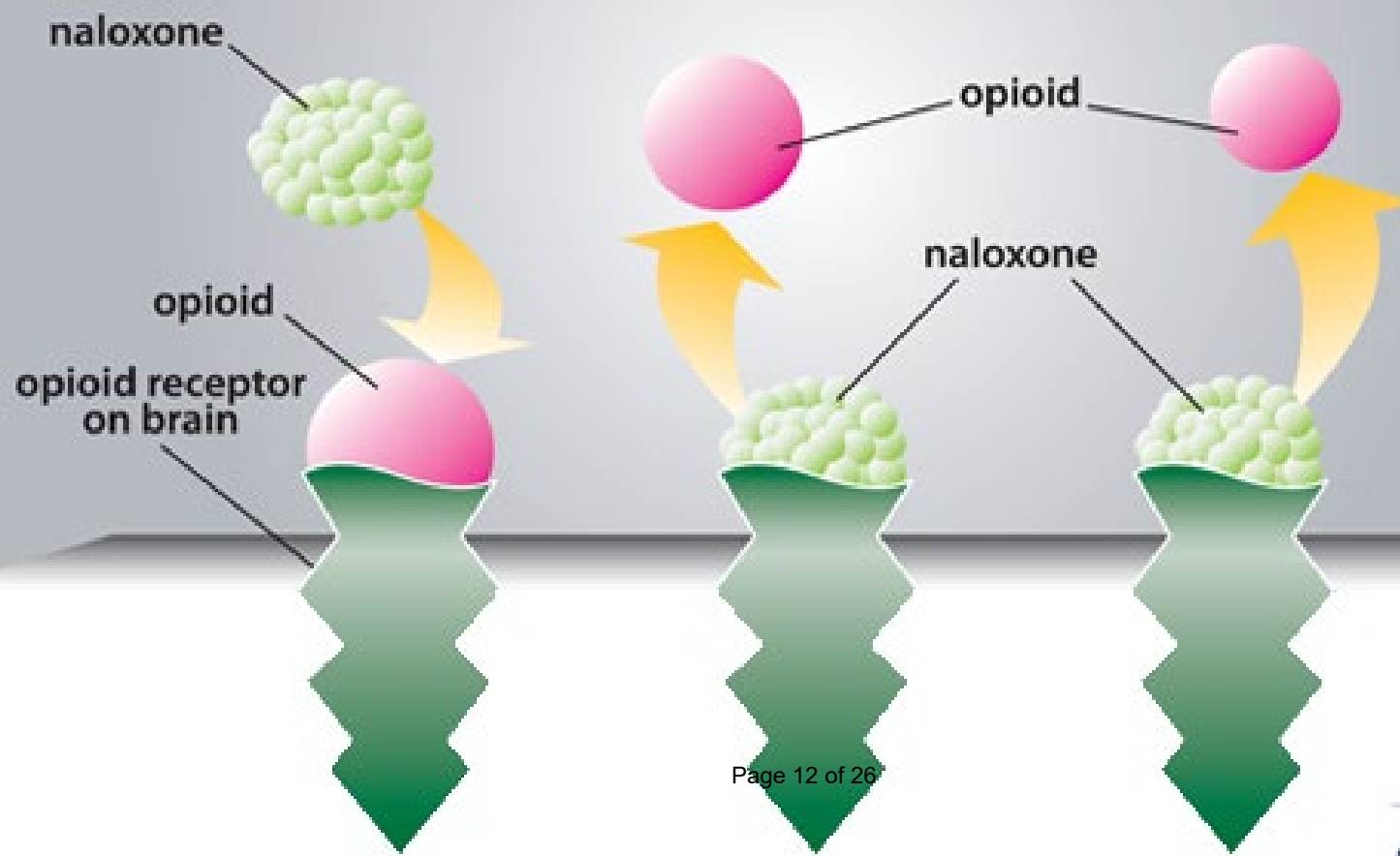
Notify medical responders of possible overdose

Recognize a potential opioid overdose

Naloxone

Naloxone reversing an overdose

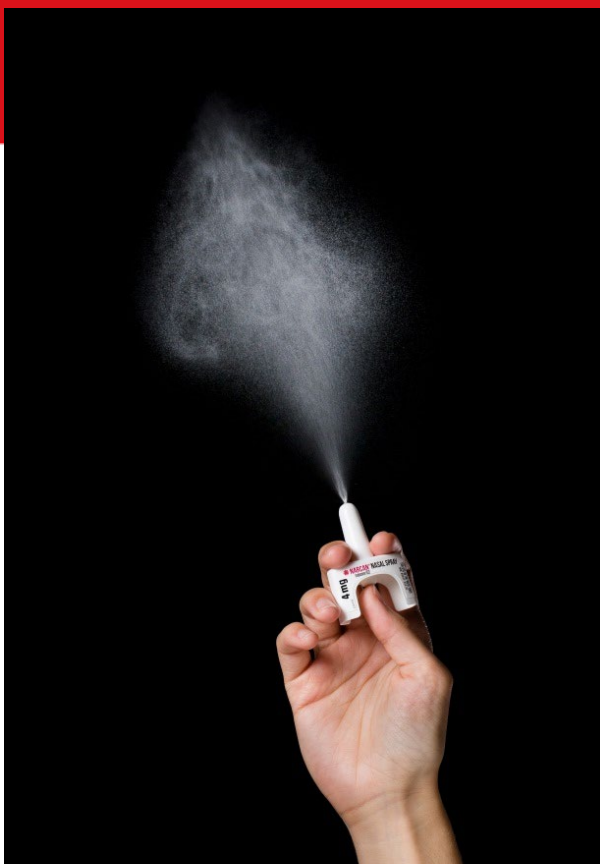
Naloxone has a stronger affinity to the opioid receptors than opioids, such as heroin or oxycodone, so it knocks the opioids off the receptors for a short time (30-90 minutes). This allows the person to breathe again and reverse the overdose.



Narcan Nasal Spray



Narcan Nasal Spray



- 18-24 month shelf life
- Follow biohazard precautions for disposal
- Storage and replacement per department policy

Narcan Nasal Spray

- Safety
 - If naloxone is given to someone who hasn't overdosed, there are no adverse effects
 - Naloxone does not work if given for a non-opioid overdose
 - i.e. Alcohol, Methamphetamine, Valium, Xanax, Ativan, etc.
 - Naloxone does not produce tolerance to opioids
 - Do not give if there is a known hypersensitivity to naloxone
 - Extremely rare

Narcan Administration

1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of an opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"

Lay the person on their back to receive a dose of NARCAN Nasal Spray.



Narcan Administration

2 Give NARCAN Nasal Spray

REMOVE NARCAN Nasal Spray from the box.
Peel back the tab with the circle to open the NARCAN Nasal Spray.

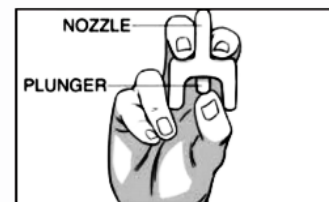
Hold the NARCAN Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.

Press the plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



Narcan Administration

3 Call for emergency medical help, Evaluate, and Support

Get emergency medical help right away.

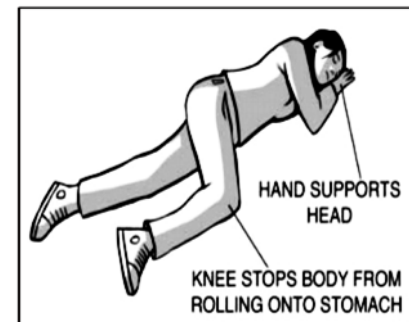
Move the person on their side (recovery position)

after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.



Post-Overdose Recovery

Acute opiate withdrawal symptoms may occur from use of NARCAN[®] Nasal Spray in patients who are opioid dependent:

- Symptoms include:

- Body Aches, Fever, Sweating,**
- Runny Nose, Sneezing, Goose Bumps (Piloerection),**
- Yawning, Weakness, Shivering or Trembling,**
- Nervousness, Restlessness or Irritability,**
- Diarrhea, Nausea or Vomiting, Abdominal Cramps,**
- Increased Blood Pressure and Increased Heart Rate (Tachycardia).**

Post-Overdose Recovery

- **After recovery from overdose, the victim may experience:**
 - **Withdrawal-like symptoms**
 - **Confusion/Denial**
 - **Agitation/Anger**
- **Prevent adverse reactions by keeping a calm, bystander free environment for recovery**
- **Your safety is most important**
- **These symptoms will not cause the victim harm**

California's 911 Good Samaritan Law

AB 472

- **It shall not be a crime for any person who experiences a drug-related overdose, as defined, who, in good faith, seeks medical assistance, or any other person who, in good faith, seeks medical assistance for the person experiencing a drug-related overdose, to be under the influence of, or to possess for personal use, a controlled substance, controlled substance analog, or drug paraphernalia, under certain circumstances related to a drug-related overdose that prompted seeking medical assistance if that person does not obstruct medical or law enforcement personnel.**

What does that mean?

- **California Good Samaritan Law Protects you from CIVIL LIABILITY when:**
 - You act in good faith
 - You aren't seeking compensation
 - You provide emergency medical or non-medical care at the scene of an emergency

PLUS if you seek emergency help for someone's drug-related overdose, you will NOT face criminal charges for drug possession.



Opioid Overdose Recognition and Naloxone Administration Training for Community Leaders

Shane K.M. Wood, MA
FentanylSolution.org



California Association of County Veterans Service Officers, Inc.

President: David West II, Business Address: PO Box 1, Davis, CA 95617

29 April 2024

Ref: Invitation to Present to CACVSO Membership

Dear Stephanie and Johnathan,

The California Association of County Veterans Service Officers (CACVSO) will host their summer training conference at the Cache Creek Hotel and Casino, 14455 Hwy 16, Brooks, CA 95606 from 9-14 June 2024. This five-day conference will bring together approximately 200 County Veterans Service Officers and other support staff from 56 counties statewide. Veterans Service Officers assist Veterans and their Families in the complex application process for Department of Veterans Affairs benefits and entitlements. All of them are VA accredited. As this service is made available through local counties, there is no cost for this service to our Veterans.

I would like to formally invite you as a presenter and participant for our LGBTQ+ discussion panel we are looking to hold during this conference.

Your day to present would be Wednesday, 12 June 2024. The important information to share with our members will help them provide the best possible advocacy for all LGBTQ+ Veterans.

I sincerely hope you can join us on this date and look forward to seeing you there.

Very Respectfully.

David O. West

David West II
President
California Association of County Veteran Services Officers

OCVAC Committee on Veteran Events in the County of Orange

May 2024 Committee Report

Chair: Michael Radigan

Members: Michael Radigan, Steven Vargas, Stephanie Wade

Item: Review March 2024 Events Committee Agenda & Discussions

Discussion: What three channels seem most appealing for an immediate impact?

- Big Voice Newsletter
- Personal Social Media Posts
- Board of Supervisors Memo
- OCFAC
- Website Events page
- OCVAC Minutes

Item: Upcoming Events

Discussion: What events Veterans should be aware of? What events would we like to make the Board aware of?



2024 Orange County Veterans Advisory Council Meeting Schedule



Veterans Service Office
1300 S. Grand Avenue, Building B
Santa Ana, CA 92705

Regular Meeting Schedule (Refer to Agenda for Meeting Location & Time)
January 10
March 13
May 8
June 12
July (DARK)
August 14
October 9
November 13
December (DARK)

**Meeting scheduled developed based on OCVAC Ad Hoc Committee on OCVAC Meeting Times and Locations recommendations*